

# KEYNOTE

## The Role of Compassion in the Treatment in PTSD



Martin Bohus MD

### **Bio:**

Martin Bohus MD studied at Freiburg Medical School and did his residency in Psychiatry and Neurology at Freiburg Medical School. He made his specialty in Psychiatry and Psychotherapy and in Psychosomatic Medicine. Since 2003 he holds the chair of Psychosomatic Medicine and Psychotherapy, Heidelberg University and is Medical Director at the Central Institute of Mental Health, Mannheim. He received several awards for psychotherapy research. He is board member of the German Association of Psychiatry DGPPN, President of the European Society for the Studies of Personality Disorders (ESSPD), president of the German Association for DBT and Chair of the International Strategic Planning Meeting for Dialectical Behavior Therapy (SPM). He was president and Initiator: 1st International Congress on Borderline Personality Disorder, Berlin 2010 and since 2012 he is spokesperson of the Clinical Research Unit "Mechanisms of Disturbed Emotion Processing in BPD". He has currently published more than 300 articles and book chapters, mainly on mechanisms of psychotherapy, borderline personality disorders and PTSD.

### **Abstract:**

This keynote will outline some of the basic interventions that have evidence of effectiveness for people with complex PTSD. The talk will focus on dialectal behaviour therapy and explore the potential value and means of integrating CFT with these evidence-based interventions  
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