

# KEYNOTE

## Compassion Can Be Cultivated By Everyone



Tashi Tsering

### **Bio:**

Tashi was born in Purang, Tibet in 1958, entering Sera Mey Monastic University in South India when he was 13 years old, and graduated with a Lharampa Geshe degree 16 years later. He then entered the Higher Tantric College (Gyuto) for a year of study.

Tashi's teaching career began at Sera, after which he taught the monks at Kopan Monastery, Nepal for a year. He went on to the Gandhi Foundation College in Nagpur, India and then moved to Europe, initially to Nalanda Monastery in the South of France.

Tashi teaches in English and is renowned for his warmth, clarity and humour. Besides Jamyang, (<https://www.jamyang.co.uk>), he is a regular guest teacher at other Buddhist centres in the UK and around the world, as well as creator and teacher of the Foundation of Buddhist Thought, the two-year FPMT correspondence and campus course on the basics of Tibetan Buddhism. He has written a number of scholarly books on the nature of Buddhist thinking and compassion and is currently working on project on the nature of emptiness.

Geshe Tashi Tsering, (2005). *Four Noble Truths: The Foundations of Buddhist Thought, Volume 1* Wisdom Books, ISBN 0-86171-270-6

Geshe Tashi Tsering, (2006). *Buddhist Psychology: The Foundation of Buddhist Thought, Volume 3*, Wisdom Books, ISBN 0-86171-272- geshetashi@hotmail.com

### **Abstract:**

Cultivating compassion and compassion motivation is central to Mahayana and Tibetan Buddhist traditions. In this talk I will cover the basic concepts of the Tibetan view of compassion and how compassion can be cultivated by all.