

WORKSHOP 3

Developmental of Ethical Ecological Practice (DEEP)

Darcia Narvaez, PhD
University of Notre Dame



Bio:

Darcia Narvaez is Professor of Psychology at the University of Notre Dame. She publishes extensively on moral development and education. Author or editor of 13 books, her most recent authored books include *Embodied Morality: Protectionism, Engagement and Imagination*, and *Neurobiology and the Development of Human Morality: Evolution, Culture and Wisdom*, which won the William James Book Award from the American Psychological Association. She is a fellow of the American Psychological Association and the American Educational Research Association. She writes a popular blog for *Psychology Today* ("Moral Landscapes"). Here books include: *Contexts for Young Child Flourishing: Evolution, Family and Society* (ed. with Braungart-Rieker, Miller-Graff, Gettler, Hastings; OUP, 2016); *Embodied Morality: Protectionism, Engagement and Imagination* (Palgrave-MacMillan, 2016); *Contexts for Young Child Flourishing: Evolution, Family and Society* (ed. with Braungart-Rieker, Miller-Graff, Gettler, Hastings; OUP, 2016) *Ancestral Landscapes in Human Evolution: Culture, Childrearing and Social Wellbeing* (ed. with Valentino, Fuentes, McKenna, & Gray; OUP, 2014) (discount): *Evolution, Early Experience and Human Development: From Research to Practice and Policy* (ed. with Panksepp, Schore, & Gleason; OUP, 2013).

Darcia Narvaez, PhD, Professor of Psychology, 118 Haggard Hall, University of Notre Dame, Notre Dame IN 46556 USA. dnarvaez@nd.edu, 574-631-7835 .

Abstract:

Developmental Ethical Ecological Practice (DEEP) is an approach to self-authored or mentored healing. It is *developmental* because it focuses on the development of skills, awareness, perception, and desires, and it starts where the individual is. It is *ethical* because it advocates virtue development, as represented in our moral heritages of engagement (relational attunement) and communal imagination ethics, as a goal for the good life. It is *ecological* because it moves beyond what obviously affects an individual to include the broader community of humans but also other entities, as well as a sense of *being* in the flow of life. It is a *practice* both because it is a lifelong endeavor and it can be an individual or group mission or be part of mentored therapy. With the additions of the ethical and the ecological to traditional therapy, we may be better able to create societies and a planet that thrive, and fully embrace our human potential.